



Buckden Pre-School Playgroup

A place for Children to grow, to learn and to flourish

Registered Charity No. 291840

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Reflecting on Quality
committed to improvement

General Welfare Requirement: Safeguarding and Promoting Children's Welfare: Buckden Pre-School Playgroup

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

Intimate Care and Nappy Changing

January 2017

Safeguarding guidance for intimate care

Buckden Pre-School is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. We recognise that there is a need to treat all children with respect and dignity when intimate care is given.

1. What is intimate care?

Intimate care encompasses areas of personal care, such as nappy/pads changing, washing and dressing.

2. Our approach to best practice

Support for children with intimate care needs will be carefully planned and the setting will ensure that:

- Staff who provide intimate care are trained to meet the needs of individual children.
- All staff adhere to the setting's child protection policy and are vigilant to physical or behavioural changes.
- Suitable equipment and facilities are made available.
- Staff carrying out intimate care are appropriately supported.
- Where possible one to one care will be provided unless there is an identified need for having more adults.
- Staff discuss a child's Intimate Care Plan and have agreed it with parents and carers.
- The needs and wishes of the child are taken into consideration.
- An appropriate written plan for intimate personal care is agreed and shared with the child's parents/carers, signed by all involved and reviewed on a regular basis.
- Intimate care is logged and recorded. The record will include the date and time the intimate care was carried out and by whom.
- Equal opportunities legislation is taken into account.
- Mobile phones or cameras are not used by children or staff in areas where intimate care is carried out.

Maintaining dignity and wellbeing

When dealing with children's intimate care needs all staff are vigilant to the policies in place for Child Protection in order to protect all children and ensure their health and wellbeing.

Visits and outings

The setting has robust procedures and plans in place for the day to day intimate care needs of a child, but further consideration will need to be taken in good time before a trip or for an activity.

Nappy changing

Policy statement

No child is excluded from participating in Buckden Pre-School who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Staff work with parents/carers towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Staff provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

Staff see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults.

Procedures

- Staff change nappies or pull-ups when needed.
- Staff will support parents/carers in encouraging their child to take the next step in toilet training and making the decision to wear pull-ups, or other types of trainer pants.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Each child brings in their nappies or pull ups and changing wipes.
- Staff put on gloves and aprons when needed before changing starts and the areas are prepared. Staff use antibacterial spray to clean the changing mat after each child has been changed.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing station.
- Staff are gentle when changing; staff avoid pulling faces and making negative comments about 'nappy contents'.
- Staff do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Staff encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

- Staff encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Staff dispose of nappies and pull ups hygienically. Staff empty any soiling into the toilet from cloth nappies, trainer pants and ordinary pants and these are bagged for parents/ carers to take home.
- Staff have a 'duty of care' towards children's personal needs which must be respected at all times.

Useful contacts

Early Years Named Senior Officer (Gemma Hope)	01223 714760 or 07876 038762
Early Years Safeguarding Advice Line	01223 729040
Ofsted	03001231231

See Buckden Pre-School's Intimate Care Guidance Document

This policy was adopted by _____ (name of provider)
 _____ (date)

On _____ (date)

Date to be reviewed _____

Signed on behalf of the provider _____

Name of signatory _____

Role of signatory (e.g. chair, director or owner) _____

This policy will be reviewed annually.